Look at the pictures and discuss the following questions.

1. How difficult is it to live under such conditions?
2. Do you think you can be a part of any of these cultures?
3. Which community would you choose to live in?

Do the quiz on page 140.

Match the following words to the pictures.

- a balcony
- b chimpanzee
- c zombie
- d sofa
- e bungalow
- f hurricane
- g cheetah
- h ketchup

Match the words to their language origins.

1. Hindi
2. Italian
3. Arabic
4. African Languages
5. Chinese
6. Spanish

Work in pairs and do the activity below.

1. What are some English words in your language? List at least ten of them and use your dictionary for their definitions.

Warm up vocabulary foreign words in English

Match the following words to the pictures.

1. The birds are very loud.
2. Elisa won 1st prize.
3. Could you help me in the kitchen?
4. Will you turn on the TV, please?
5. That car is expensive.

Listen to the sentences and check your answers in exercise A.

Practice pronouncing the sentences in A. Don’t forget to stress content words.
A Read the title of the text and discuss the following questions.

1 What do you know about the pygmy people?
2 Where do you think they live?

THE PYGMY PEOPLE

The Pygmy people live in tropical Africa, around and south of the equator. They are the original inhabitants of the continent and the rainforest has been their traditional environment for a long time. Most of them live in traditional villages and try to survive as hunters and gatherers.

Pygmies are typically smaller than other people. They generally grow to an average height of 150 cm. According to one theory, pygmies are short because there is not enough sunlight in the tropical rainforest so people do not get enough calcium and vitamin D to grow taller. Another theory says that their small size has helped them survive in the rainforest. Being small allows them to move quicker in the rainforest.

Pygmies have strong bonds with nature and with the forest. They consider the forest to be their home, the source of their livelihood and their spiritual center. They also make their own medicine from various plants and herbs in the forest. Traditionally, pygmies live deep in the woods. It takes a few days to get to their living area on foot.

Pygmies do not deplete natural resources and maintain a good balance within the rainforest. The great spirit of the forest is called ‘jengi’ by many communities. It plays an essential role in the ceremonies. It is one of the few common words for most groups across the African continent. They believe that the forest protects them and provides them with the basics of life.

Today, some of the tribes make handicrafts and sell them to tourists. They also trade with their neighbors to get the food that they need to survive. These days, more and more pygmies are leaving their homes in the tropical rainforest. They move to places where they can find work on farms or in mines.

B Complete the sentences with the correct words below.

a survive b depleted c essential d diversity e citizen

1 Protein is ____________ for building up muscles.
2 I was born in Germany and I am a German ____________.
3 The German army had ____________ all its supplies before reaching Moscow.
4 To ____________ in the wild, you need to know how to make fire.
5 The Pacific Ocean is home to a rich ____________ of marine species.

C Read the text and find the paragraphs that have the answers to the questions below.

1 What is unusual about their physical state?
2 Where do they live?
3 Why do they move from their villages?

D Work in pairs and discuss the questions below.

1 Do you know any ethnic group with unusual beliefs?
2 How can one adapt to a different culture?
3 What are the three most important rules of life? (answers may vary)

a enjoy life b eat healthy c learn as much as you can d work hard, study hard and never have fun e take out the trash on time f tidy up your room g read a lot of books h respect others
A Look at the images a-c and match them to the correct sentence 1-3.

1 Gabriela has just had her haircut so she looks happy.
2 Nina and Dave are looking for a new house to buy.
3 Ralph is a busy man. He works late every day.

B Read the following sentences and correct the mistakes.

1 Italian people eat a lot of pasta.
2 Many people wearing jeans these days.
3 Traditions has become more important to many people recently.
4 They doesn’t live in Africa.
5 Their culture hasn’t change a lot.
6 The country gets richer at the moment.

C Complete the sentences using: Present Simple, Present Continuous or Present Perfect.

1 We generally ___________(drink) tea after dinner.
2 Many people in my community _______________ (not wear) traditional clothes these days.
3 Women in my country often _______________ (work) and take care of children.
4 My family _______________ (live) in this area for many generations.
5 In my culture, we _______________ (not eat) a lot of rice.
6 More and more people _______________ (travel) these days.
7 I __________never_______ (visit) South America before.
8 The food we eat _______________ (not change) a lot since I was young.

D Listen to the dialog and answer the following questions.

1 Is Jared curious about Pygmies?
2 Are there any Pygmies in Turkey?

E Work with a partner. Discuss some of the unusual cultures you have come across, then make a short summary of your discussion and share it with the rest of the class.

F Now think of your own culture and find the major differences between the cultures mentioned in exercise E.

G Do the same thing again to find the similarities of those cultures with your own.